

PATIENT'S NAME: .....

DATE: .....

Height

HGT[INCHES]: .....

(In ft. & in.)

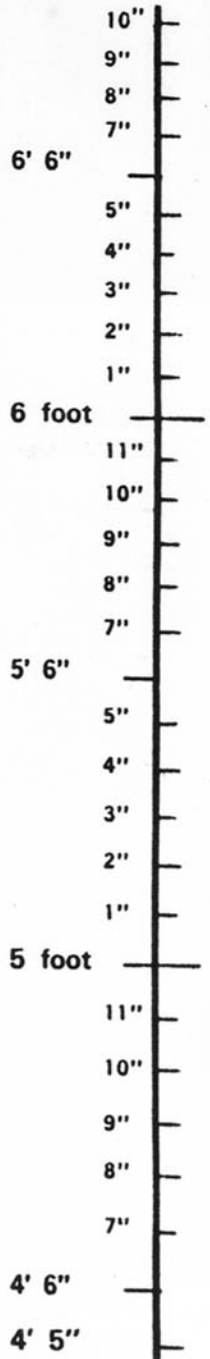
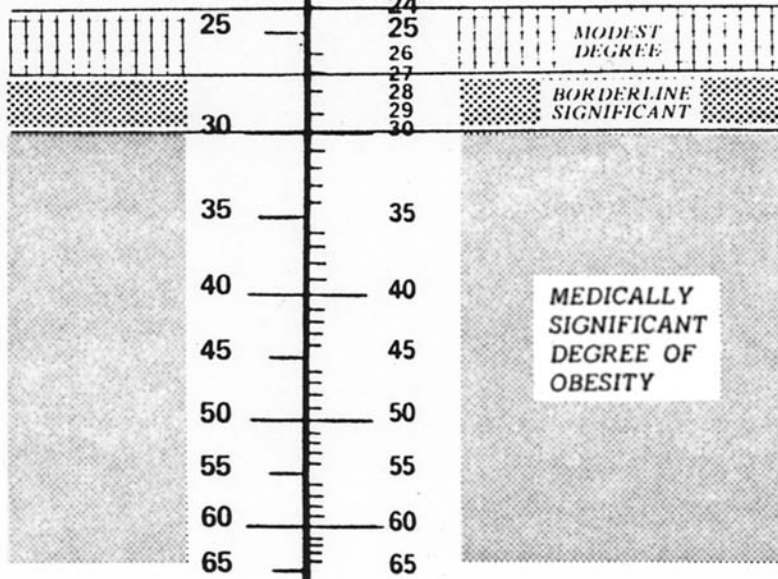
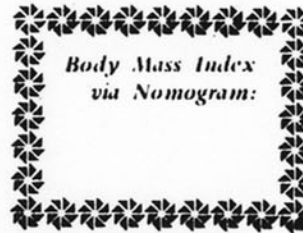
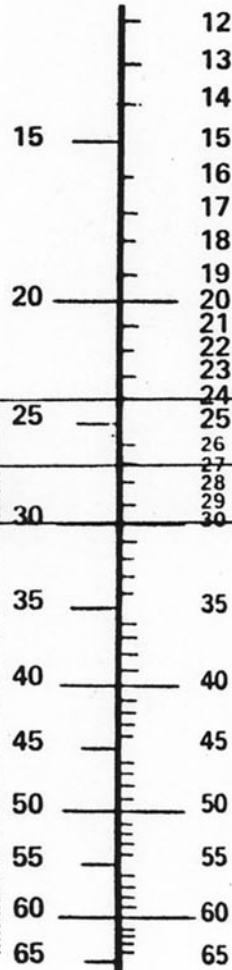
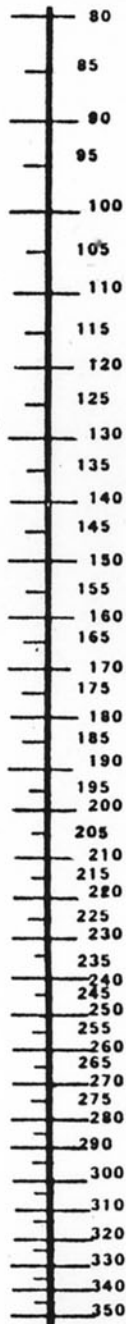
WGT[LB]: .....

# NOMOGRAM for Body Mass Index

Weight  
(In pounds)

$$\text{BODY MASS INDEX} = \text{Weight (kg)} \div \text{Height (meters)}^2$$

(Reference: Keys A, Fidanza F, Karvonen MJ, Kimura N, and Taylor HL: Indices of Relative Weight and Obesity, J. Chronic Diseases 25:329, 1972).



..... LBS X 0.454 = \_\_\_\_\_ = \_\_\_\_\_ BMI } *Body Mass Index calculated*

..... INCHES X 0.0254 = [ ..... ]<sup>2</sup> = \_\_\_\_\_

Family Practice,  
Preventive Medicine  
Bariatrics